

Hope Alive Meeting Agenda

- Greeting:

Good evening and welcome to the Hope Alive meeting of Alcoholics Anonymous. My name is _____ and I'm an alcoholic. We are glad you are all here. This is an open meeting of Alcoholics Anonymous, all are welcome to attend. Please respect others attending this meeting who wish to share by not interrupting them and refrain from the use of profanity. Thank you.

- Please read the Preamble of Alcoholics Anonymous. (attachment)

- Opening:

"We admitted we were powerless over alcohol – that our lives had become unmanageable." Step One of Alcoholics Anonymous

"It is no coincidence that the very First Step mentions powerlessness. An admission of personal powerlessness over alcohol is the cornerstone of recovery. We've learned that we do not have the power and control we once thought we had. We are powerless over what people think about us. We are powerless over the elements. We are powerless over how other people work or do not work the Steps. However, we have also learned that we are not powerless over our attitudes. We are not powerless over our negativity. We are not powerless over the responsibility for our recovery. We have the power to utilize positive influences on ourselves, our loved ones and the world in which we live." – Unknown –

- Please read The Twelve Steps of Alcoholics Anonymous. (attachment)

- Introduce Speaker (20-30 min)

- Open Discussion part of meeting

- Please read the Third Step Promises (attachment)

- Close meeting with the Lord's Prayer